

## HeartCode® BLS Online; Enduring Web Course

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Original Release Date: 10/22/2025  
Last Review Date: September 2025  
Termination Date: 10/21/2028

### Description

HeartCode BLS Online is the online portion of BLS blended learning that will adequately prepare students for hands-on practice and testing of BLS skills. It uses a variety of eLearning assets such as dramatizations, , animations, self-directed learning, and interactive activities to teach students BLS knowledge and skills.

### Learning Objectives

At the conclusion, participants should be able to

1. Describe the importance of high-quality CPR and its impact on survival
2. Apply the BLS concepts of the Chain of Survival
3. Recognize the signs of someone needing CPR
4. Perform high-quality CPR for an adult, a child, and an infant
5. Perform chest compressions using correct hand placement at the correct rate and depth with chest recoil
6. Demonstrate effective breaths or ventilation
7. Describe the importance of early use of an automated external defibrillator (AED)
8. Demonstrate how to use an AED
9. Perform as an effective team member during multirescuer CPR
10. Describe how to relieve a foreign-body airway obstruction for an adult, a child, and an infant
11. Describe how to help someone in an opioid-associated emergency
12. Describe how to perform high-quality CPR on a pregnant person, including manual lateral uterine displacement, during maternal cardiac arrest
13. Describe the drowning Chain of Survival

### Accreditation Terms

Joint Accreditation: 10/22/2025 – 10/21/2028

CAPCE: 10/22/2025 – 10/21/2028

AARC: N/A

### Accreditation Statements

### Joint Accreditation Statements



In support of improving patient care, this activity has been planned and implemented by The American Heart Association. The American Heart Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **AMA Credit Designation Statement - Physicians**

The American Heart Association designates this activity for a maximum of 1.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **AAPA Credit Acceptance Statement – Physician Associates**

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician associates may receive a maximum of 1.50 hours of Category I credit for completing this program.

#### **AANP Credit Acceptance Statement – Nurse Practitioners**

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

#### **ANCC Credit Designation Statement - Nurses**

The maximum number of hours awarded for this CE activity is 1.75 contact hours.

#### **ACPE Credit Designation Statement – Pharmacists**

ACPE Credit: 1.25 Contact Hours. Universal Program Number: JA0000134-0000-25-041-H01-P

**\*\*ACPE Credit must be claimed within 30 days of participation. ACPE credit will no longer be available to claim after the 30-day period has elapsed.**

#### **Continuing Education Accreditation – Emergency Medical Services**

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 2.00 Basic CEHs, activity number 25-AMHA-F4-0037.

By claiming CAPCE credit, the claimant acknowledges the following: I understand that the American Heart Association as a requirement of CAPCE accreditation will submit a record of my course completions to the CAPCE AMS. I further understand that my course completion records may be accessed by or shared with such regulators as state EMS offices, training officers, and NREMT on a password-protected, need-to-know basis. In addition, I understand that I may review my record of CAPCE-accredited course completions by contacting CAPCE.

**Participation and Successful Completion**

Successful completion of this CE activity includes the following:

1. Complete all portions of the online activity
2. Complete the course evaluation
3. Receive the certificate/statement of credit

**Disclosure Statement**

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

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This list represents the relationships that may be perceived as actual or reasonable conflicts of interest as reported on the Disclosure Questionnaire, which all AHA volunteers are required to complete and submit. The focus is on relevant financial relationships with commercial interests in the 24-month period preceding the time that the individual is being asked to assume a role controlling content:

N/A

**Target Audiences**

1. Physicians
2. Physician Associates
3. Nurse Practitioners
4. Nurses
5. Pharmacists

## 6. EMS

### **Accessibility Statement**

The American Heart Association and American Stroke Association strive to make our websites accessible. The American Heart Association and American Stroke Association are committed to diversity, inclusion, and meeting the needs of all our constituents, including those with disabilities. We are continually improving our digital assets to comply with the accessibility guidelines for levels A and AA in accordance with WCAG 2.1.

If the format of any material on our web pages interferes with your ability to access the information, please contact us to request assistance or if you have questions or comments about our web sites' accessibility.